

COMPASSION BEGINS WHEN WE SUFFER TOGETHER.

Pain, cultivated by the Spirit's compassion, invites us to care deeply for one another, grow together, suffering with one another so that none of us is isolated or alone. Pain opens the door to the Spirit's compassion in us.

I care about you and I'm here to share your suffering. (Pamela Piquette)

The Lord is gracious and righteous; our God is full of compassion. (Psalm 116:5)

Love bends low and waits long to hear the story of another's pain. (Gerhard E. Frost)

But you, Lord, are a compassionate and gracious God, slow to anger, abounding in love and faithfulness. (Psalm 51:1)

Through pain, God has ushered me into the fullest, most intimate, most sacred encounters with Him. (Vaneetha Risner)

God does not cause the pain and sorrow. He suffers with us and desires to comfort us as only he can. (Jill Briscoe)

Faith in the face of deep personal loss, pain, and suffering isn't simply courage on display, it is a miracle meant to be a sign. (David P. Cassidy)

Your most profound and intimate experiences of worship will likely be in your darkest days - when your heart is broken, when you feel abandoned, when you're out of options, when the pain is great and you turn to God alone. (Rick Warren)

I am certain that I never did grow in grace one-half so much anywhere as I have upon the bed of pain. (Charles Spurgeon)

The Lord is gracious and righteous; our God is full of compassion. (Psalm 116:5)

O' Lord, sometimes the pain in my life becomes my focus, and I turn away from You. Gently remind me that You are with me in the pain holding me close. Amen. (Pamela Piquette)



Let us be the ones that show up and lean in, even when, especially when, it is uncomfortable or hard. (Andrea Lowe)

Show mercy and compassion to one another. (Zechariah 7:9)

He has chosen not to heal me, but to hold me. The more intense the pain, the closer His embrace. The greatest good suffering can do for me is to increase my capacity for God. (Joni Eareckson Tada)

It's funny how pain becomes the perfect agent for finding gratitude in the smallest of rewards and blessings. (Mayia Warren)

Pain and suffering are the soil of strength and courage. (Lurlene McDaniel)

When faced with the suffering of another, we are called to lament with them, bearing the image of the One whose Passion reminds us that our God knows intimately what it is like to suffer ... even when the suffering that surrounds us seems intractable and hopeless, even when our capacities are limited, allow us still to be present, still to notice the hurt and give it voice, still to share the pain and cry out to God, looking heavenward. (Allen Verhey)

Compassion asks us to go where it hurts, to enter into the places of pain, to share in brokenness, fear, confusion, and anguish. Compassion challenges us to cry out with those in misery, to mourn with those who are lonely, to weep with those in tears. Compassion requires us to be weak with the weak, vulnerable with the vulnerable, and powerless with the powerless. Compassion means full immersion in the condition of being human. (Henri Nouwen)

... walk alongside another person in whatever journey they're on without judging them, making them feel inadequate, trying to fix them, or trying to impact the outcome. (Heather Plett)

I've been humbled again and again watching my wife — after years of chronic pain — selflessly serve other sufferers behind the scenes. She has always been compassionate, but through her suffering, she is now always moving toward others' suffering because she knows the pain and the struggles. She knows when to encourage. She knows when to simply groan with someone. God has comforted her so that she can comfort others. It is all His grace in her pain. It is all His strength in her weakness. He deserves all the glory, and yet He still means to use her to accomplish His purpose of comforting others. (Dave Zuleger)

