



CELEBRATION NOTE STARTERS

BECOME AN ALLELUIA

"The Christian should be an alleluia from head to foot." (St. Augustine)

Celebration is a spiritual discipline and is meant to be part of the regular rhythm of life. Richard J. Foster writes, "When the substance of our life is formed and conformed and transformed into Christlikeness, then celebration becomes possible. We celebrate the goodness of God in us and in those around us."

At its core, celebration is choosing hope, noticing the good even in the midst of brokenness, and being fully present in the moments of our lives.

REMINDERS TO CELEBRATE

The Bible is full of reminders to celebrate!

This is the day which the Lord has made; Let us rejoice and be glad in it. (Psalm 118:24 NASB)

Rejoice in the Lord always. I will say it again: "Rejoice!" (Philippians 4:4)

Give thanks to the LORD, for He is good! His faithful love endures forever. (Psalm 107:1 NLT)

I will give thanks to you, Lord, with all my heart; I will tell of all your wonderful deeds. (Psalm 9:1)

The Lord has done great things for us, and we are filled with joy. (Psalm 126:3)

It is only fitting then that we should celebrate with one another – to see the little moments and the significant accomplishments, acknowledge the hard work done, rejoice in another year lived, or just be thankful for the presence of someone in our lives.



Chronic Joy

Visit chronic-joy.org for more resources.

CREATED TO CELEBRATE

We were created to celebrate and delight in God's abundant goodness, expansive creativity, unfailing love, extraordinary beauty, and unparalleled faithfulness.

A wonderful way to love and celebrate one another is by sending #PenToPaper notes.

CELEBRATION NOTE STARTERS

- I'm so glad God made you!
- It's a day to celebrate *you!*
- Our lives are happier, richer, and more beautiful because of you.
- You're in my thoughts, and I wanted to let you know.
- Sending smiles.
- Enjoy your special day.
- Today is a perfect time to remind you how wonderful you are.
- Congratulations! We're so proud of you.
- So thrilled to be celebrating with you.
- It's so wonderful to see your dreams come true! Congratulations!
- Congratulations! We're so happy for you.
- Sharing in your excitement!
- Praying for a special blessing on this day.
- I couldn't be happier for you!
- May you continue to sense His presence on your journey.
- Wishing you all of God's blessings on this joyful day.
- You came to mind today, and it made me smile.
- Best wishes on such a happy time.
- God has a special plan for your life. Hurray! We have to celebrate this!

Once you start celebrating the little victories in life, you will realize just how infinite they truly are. (Alicia Emamdee)



Chronic Joy

chronic-joy.org/pentopaper