

EASY KNIT DISH CLOTH OR FACE CLOTH

Enjoy the relaxing rhythmic repetition of knitting with this easy pattern. Bless friends and family with gifts from your heart and hands.

Worsted weight, cotton yarn (Sugar and Cream is a bit rougher cotton yarn suitable for dishcloths.)

Size 7 or 8 knitting needles

Begin. Cast on 4 stitches.

Row 1: Knit 4

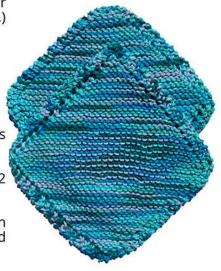
Row 2: Knit 2, yarn over, knit across the row.

Repeat Row 2 until you have 42 stitches on the needle.

Row 3: Knit 1, Knit 2 together, yarn over, knit 2 together, knit to the end of the row.

Repeat Row 3 until you have 4 stitches left on the needle. Cut your yarn leaving several inches.

Cast off or slide those last 4 stitches onto a crochet hook and loop the tail and last stitches one through the next. Pull tight to secure.



Chronic Joy

PRAYERS FOR KNITTERS

Dear Lord, bless my hands as I knit today. May each twist of the yarn invite me to lay down the cares of my day and guide me to create a pattern of love and comfort. Grant me patience as I create, Lord, wrapping me in Your peace-filled and refreshing Presence. In Your Son's name, amen.

Dear Lord, bless these needles so that they stay strong and light, not tiring the hands that use them. Bless this yarn with strength and softness so that it will form a cloth of comfort. Bless these hands with strength and skill so they may make well-crafted gifts. Bless this heart with strength and perseverance so that I will see this work through to bring comfort to those in need. Amen.



O Lord, establish the work of my hands. May these knitting needles become instruments of prayer. As I fill them, I pray my hearts is filled with those I hold dear, those who need Your compassionate embrace. As I create something new, remind me of those who courageously face what they did not choose. Give me patience and gratitude as I pray for friends who inspire me in the face of their suffering. Oh Lord, establish the work of my hands as I pray in the name of our Lord and Savior Jesus Christ, amen.

Dear God and Creator of all things, You are the master craftsman. You create the most breathtaking beauty, fitting this world together as an intricately woven tapestry. You have created life itself to flow and ebb through everything. Thank you for the joy You have created in me for crafting. In Jesus' name, amen.

