



CHRONIC JOY®
Ministering to those affected by:
Chronic Illness, Mental Illness,
Chronic Pain, & Disability

NOTE STARTERS TO THANK A HEALTHCARE PROVIDER

Sometimes a single act of kindness makes all the difference.

Notes of appreciation don't need to be long to express your heart-felt gratitude, though getting started can feel a little daunting, so we've collected some great notestarter ideas for you.

GRATITUDE NOTE STARTERS

"He is the best physician who is the most ingenious inspirer of hope." Samuel Taylor Coleridge

- Thank you for being a great (first responder, medical technician, therapist, doctor, or nurse) and an even greater human being!
- Thank you for your kind, excellent, and dedicated care! My quality of life is better because of you.
- You are a remarkable (doctor, nurse, therapist, or technician). Thank you for your excellent ongoing care.
- My family and I are deeply grateful for you skill and compassion.
- You are a blessing and an encouragement! Thank you for all you do for so many!
- Thank you for listening patiently, thinking outside the box, and asking about my family. I felt heard and respected. You make this journey through chronic illness a little bit brighter.
- Thank you for acting quickly! You not only provided excellent care but kept me calm as well. I'm so grateful for all you did!
- Thank you for your kind, excellent, and dedicated care!
- I appreciate your thoughtfulness and your delightful sense of humor!



Visit chronic-joy.org for more resources.

NOTE STARTERS TO THANK A SERVICE PROVIDER

"Gratitude is an offering precious in the sight of God ..."
A.W. Tozer

Thanking service providers - mail carriers, delivery drivers, receptionists, grocery cashiers, bank tellers, food servers, and local baristas - is a huge encouragement to them!

NOTE STARTERS ARE A GREAT PLACE TO BEGIN:

- For all you do—and for the kind and thoughtful way you do it—*thank you!*
- The work you do is both important and appreciated. Thank You!
- I just wanted to express my deep gratitude for the dedicated work you do day after day.
- Thank you for your friendly, dependable service through very season.
- Thank you for going the extra mile for those who depend on you...like me. I am so grateful!
- Your commitment and professionalism mean more than you know, making hard days easier and every day a little brighter.
- It's easy to see how much you care about the people you serve. I'm so grateful to be one of them!

VERSES OF ENCOURAGEMENT

I thank my God every time I remember you. (Philippians 1:3 NIV)

**The Lord bless you and keep you;
the Lord make His face shine on you,
and be gracious to you;
the Lord turn his face toward you,
and give you peace.**

(Numbers 6:24-26 NIV)

Whatever you do, work heartily, as for the Lord and not for men, knowing that from the Lord you will receive the inheritance as your reward. You are serving the the Lord Christ. (Colossians 3:23-24 ESV)

And may the Lord reward you for your kindness ...
(Ruth 1:8 NLT)



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