



CHRONIC JOY® TOOLBOX

FINDING YOUR GOD-GIVEN PURPOSE

"We have become his poetry, a re-created people that will fulfill the destiny he has given each of us, for we are joined to Jesus, the Anointed One. Even before we were born, God planned in advance our destiny and the good works we would do to fulfill it!" Ephesians 2:10 TPT

CREATED ON PURPOSE FOR A PURPOSE

We are unique and one-of-a-kind, God's masterpieces, Heaven's poetry, crafted by God, in God, and for God *for such a time as this*. Discovering our God-given purpose begins with trust, with learning to be present *with God* in each moment — less about *why* we were created and *what* we are created to do than about *who we are created to be*.

PURPOSE IS A LIFELONG JOURNEY

In Psalm 25:4 TPT, we read, "Direct me, Yahweh, throughout my journey so I can experience your plans for my life. Reveal the life-paths that are pleasing to you."

While God doesn't reveal every detail of His purpose for our lives at once, He has given us His Word — a holy GPS — filled with sign posts and navigation tools to guide us each step of the way. Scripture shows us how to live a life reflective of God's love and redemption.

WHY AM I HERE?

The answer to one of our most fundamental, purpose-driven questions — "Why am I here?" — begins with God. In 2 Timothy 1:9, we read, "He saved us and called us with a holy calling, not according to our own accomplishments, but according to his own purpose..."

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*The moment we are born, we have purpose.
Sam Re*

ILLNESS COMPLICATES OUR SENSE OF PURPOSE

Chronic illness, mental illness, chronic pain, and disability can complicate *our understanding* of purpose, but it doesn't change a single detail of *God's purpose* for our lives. "**Many are the plans of a man's heart, but it is the Lord's purpose that prevails.**" (Proverbs 19:21)

WHAT IS GOD'S PURPOSE FOR US?

Our purpose is so much simpler than we often make it. God calls us to:

- love Him with all our heart, soul, mind, and strength
- love one another as we love ourselves
- act justly
- love mercy
- walk humbly with Him

QUESTIONS:

1. What are you passionate about? What do you love doing?
2. What activities cause you to lose track of time?
3. Who inspires you? Which of his or her qualities?
4. List your skills and abilities. Which do you enjoy most?
5. What challenges have you overcome?
6. What qualities do those who know you best see in you?
7. What five words best describe you?
8. What do you know how to do that you could teach others?
9. What does the world need? What would you change in the world if you could?

God, You created me on purpose for a purpose—to love You with all my heart, soul, mind, and strength, and to love others like I love myself. Show me who You created me to serve, and give me the love, strength, courage, and patience to serve them for Your great glory! In Jesus' name, Amen.

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