



Be Brave!

Be Different! Be You!

WHAT DOES IT MEAN TO BE BRAVE?

Bravery is taking one more step than you think you can, trying something one more time, doing something that scares you, or courageously facing your giant.

Being brave doesn't mean won't be afraid, or that we'll never feel alone or misunderstood. We can be brave because *we never are alone*.

BRAVE BIBLE HEROES

There are so many stories of brave people in Bible and every one of them felt afraid, but they obeyed God anyway. Why? Because they trusted Him.

Daniel had the courage to follow God even though it meant being thrown into the Lion's Den. Moses' bravery inspired the Israelites to travel through the desert for 40 years to reach the Promised Land. David courageously faced Goliath, when all of the soldiers were too afraid. Esther bravely risked her life to save her people. Moses' mom had the courage to hide him in a little reed basket on the Nile River to save his life. Elijah courageously brought messages to kings who didn't want to hear them. Peter bravely stepped out of the boat and walk across the water toward Jesus, only sinking when he took his eyes off of Him.

And Jesus, who never once sinned had the incredible courage to give up his own life for ours, bearing the blame for every sin in the world.

BE BRAVE QUESTIONS

- What is something you're afraid of?
- What is something that feels overwhelming to you?
- What do you think it means to be brave?
- When did you do something brave?



More than 100 times in the Bible, God tells us that we do not need to feel afraid, because He sees us, He knows exactly what we're going through, and He loves us more than we will ever know.

In Psalm 25:16-19, David writes, "Turn to me and help me. I am lonely and hurting. Take away the troubles of my heart. Set me free from my great pain. Look at how I'm hurting! See how much I suffer!"

It's OK to be really honest with God. His Spirit lives in us. He already knows what and how we're feeling, and why. We can trust God, no matter what is going on in our lives. He sees us. He knows us. He loves us.

BE BRAVE VERSES

Want to learn more? Check out these verses:

- **Joshua 1:9** | God promises to be with us always.
- **2 Corinthians 12:9** | God's power is strongest when we are weakest.
- **Isaiah 41:10** | God will strengthen us!
- **1 Samuel 17:45** | David fights Goliath "in the name of the LORD Almighty".
- **Isaiah 26:3** | When we trust God, He keeps us in perfect peace.
- **Philippians 4:6-7** | When we talk to God about everything, we will feel His peace.

BE BRAVE PRAYER

Next time you need to be brave, talk to God, and if you can't find words of your own, you can start with these:

Dear God, thank you for being with me always, wherever I am. Thank you for reminding me over and over in Your Word that I do not need to be afraid, because You are bigger than my fears. Thank you for always seeing me, caring about me, and loving me, no matter what. In Jesus' name, Amen.

