



CHRONIC JOY®
chronic illness ministry

Joylin Shawl by Emily Johannes

Emily partnered with Chronic Joy® to design this cozy, comforting shawl.

Knit in rhythmic garter stitch, allowing you to relax, think and meditate. The eyelets in the border symbolize perfection in imperfection.

Express yourself with three of your favorite colors, or choose a solid for an equally gorgeous look!

Skill: Easy – using circular needles, basic increases and decreases

Shown in largest size

Size: S (M, L) - 50 x 24 (58 x 28, 62 x 30)"/127 x 61 (147 x 71, 157.5 x 76)cm

Yarn: Cascade Yarns Anthem
(186yds/170m, 3.5oz/100g, 100% Acrylic)
A – 2 (3, 3) skeins 07 Silver
B – 1 (1, 1) skein 35 Raspberry
C – 1 (1, 1) skein 46 Deep Teal



Or substitute worsted weight - 370 (500, 550)yds/338 (457, 503)m of a main color
150 (186, 186)yds/137 (170, 170)m each of *two* contrast colors

Needles: US 7 (4.5mm) 32"/40cm or longer circular needle, *or size to obtain gauge*
US 8 (5mm) 32"/40cm or longer circular needle

Gauge: 15 sts and 30 rows = 4"/10cm in garter stitch on smaller needles, not critical

Notes: Shawl is knit top down beginning with the center neck and working down to the hem, shaping the spine and sides with increases.

Abbreviations:

K – knit

Kf&b – k into the front and back of 1 st

K2tog – k 2 sts together as 1

M - marker

RS – right side

Slm – slip marker

St(s) – stitch(es)

WS – wrong side

Yo – yarn over

** – repeat between stars

Set Up

Using smaller needles and color A, cast on 1 st

1. kf&b – 2 sts
2. kf&b twice – 4 sts
3. kf&b 3 times, k1 – 7 sts
4. kf&b 6 times, k1 – 13 sts
5. kf&b 12 times, k1 – 25 sts
6. k13, place marker, k12

The marker placed designates the center spine of shawl. On a RS row, there is 1 more st to the left of the marker than the right, this is the center st and is sided by an increase on each side.

Body

1. (RS) k1, kf&b, k to 1 st before m, kf&b, slm, k1, kf&b, k to last 2 sts, kf&b, k1 – 4 sts increased
2. (WS) k across, slipping m

Repeat rows 1-2 until there are 104 (124, 134) sts before m, 105 (125, 135) sts after m – 209 (249, 269) sts total

Border

Note: do not cut yarns until advised. Carry all colors up the side wrapping the opposite color to lock any edge loops as needed. See photos below.

Tie on color B and use for next 2 rows;

1. (RS) k1, kf&b, *yo, k2tog* to 2 sts before m, k1, kf&b, slm, k1, kf&b, k1, *yo, k2tog* to last 2 sts, kf&b, k1 – 4 sts increased
2. (WS) k across

Leave B attached, use A. Change to larger circular needles.

3. k1, kf&b, k to 1 st before m, kf&b, slm, k1, kf&b, k to last 2 sts, kf&b, k1 – 4 sts increased
4. k across

End of color A

5-6. repeat rows 1-2 in B

Attach color C

7-8. repeat rows 3-4 in C

9-10. repeat rows 1-2 in B

11-12. repeat rows 3-4 in C

13-14. repeat rows 3-4 in B

15. B. k1, kf&b, k1, *yo, k2tog* to 1 st before m, kf&b, slm, k1, kf&b, *yo, k2tog* to last 3 sts, k1, kf&b, k1 – 4 sts increased

16. k across in B
- 17-18. repeat rows 3-4 in C
- 19-20. repeat rows 3-4 in B
- 21-22. repeat rows 1-2 in B
- 23-24. repeat rows 3-4 in C
- 25-26. repeat rows 1-2 in C, end of C
- 27-28. repeat rows 3-4 in B
29. repeat row 1 in B

Bind off loosely. Weave in ends, wet block to measurements.

1. Take working color around opposite color, front to back



2. Tighten gently and begin next row



**Pattern is for personal use only.*



Emily Johannes is an avid knitter and designer, who loves natural fibers, cardigans, and anything sparkly!

She developed an early appreciation for nature, art and crafts. Self-taught, her interest in fibers, textiles and fashion grew as she increased her skills making gifts, shop samples, and charity knitting. In 2011, she found her niche in the world of knitwear design, specializing in shawls and cardigans.

She lives in Kansas with her cat, coffee, and ever-multiplying yarns, always in stitches, dreaming up new designs.

[ravelry.com/designers/emily-johannes](https://www.ravelry.com/designers/emily-johannes)
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