



WHO WE ARE & WHAT WE DO

Chronic Joy® is a global resource ministry dedicated to compassionately serving all those affected by chronic illness, mental illness, chronic pain, and disability.

CHRONIC ILLNESS

Chronic illness *is* hard, but you are not alone. Join fellow travelers on this journey through loss and grief, laughter and hope. For no matter how dark the days, how wild the storm, or how long the winter, there is hope. *There is always hope.*



MENTAL ILLNESS

Too often, stigma, isolation, loneliness, and shame follow a diagnosis of mental illness. Not here. Here we offer resources for mental health steeped in love and grounded in faith. Here you are among friends, welcome just as you are.



Visit chronic-joy.org for more resources.



CHURCHES

COMPASSION. INCLUSION. Resources created and curated by those who understand the sweeping impact of chronic physical and mental illness on every aspect of life. Vital, practical, Christ-centered, and inclusive. *Together*, we are the Body of Christ on earth.

LEADERS

Community. It feels like hope and it's why small groups matter. So many in the chronic illness community feel a deep sense of isolation and loneliness. Small groups celebrate together, suffer together, pray together, and learn to lean on and trust in God *together*.



Thrive in a life with chronic illness.



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CAREGIVERS

Caregivers walk their own unique path, both rewarding and exhausting, difficult and joy-filled, meaningful and frustrating, isolating and inspiring. Wherever you are on the journey, we're so glad you're here! Step into hope and encounter God's joy.

GET INVOLVED

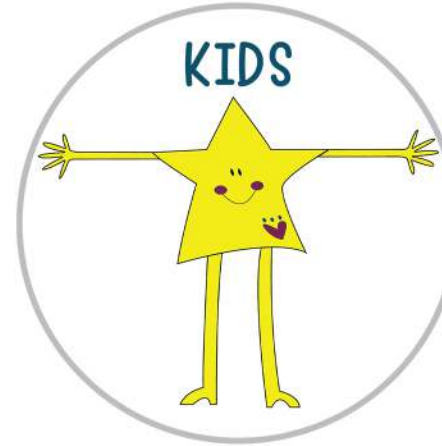
We are wired for community and created with hope and a purpose. Check out all kinds of creative ways to step in today!

- Anxiety
- Depression
- Chronic Joy® Access
- Caregiving
- #ConnectByText
- Creative Sparks
- Emotions Wheel
- Friendraising
- Gift of Hope
- Grief
- Intentional Kindness
- Let's Pray
- #PenToPaper
- Printables
- Pass It On
- Poetry
- Prayer Shawls
- Radical Community
- Serve
- Suicide Prevention
- Volunteer



MARRIAGE

Marriage with chronic illness, chronic pain, or disability can be a difficult journey, but it can also become a beautiful opportunity to learn patience, humility, forgiveness, tenderness and sacrifice – gifts forged in the fire, rooted in Christ, and built to stand the test of time.



CHILDREN

While each child is affected differently, chronic illness, pain, and disability often impact development, self-awareness, behaviour, independence, daily routines, social activities, and education. Yet those challenges can also be a catalyst toward building lifelong resiliency, faith, and compassion.

PARENTING

Raising a child with chronic illness, pain, or disability requires more strength, resolve, and courage than we likely ever dreamed possible, yet it also draws us closer to God as we learn to trust deeply, love sacrificially, shift perspective, and celebrate the small moments.



TEENS & YOUNG ADULTS

The teen and young adult years are filled with change, and chronic illness complicates all of it - independence, education, employment, dating, social activities, and relationships with family and friends. But it can also cultivate strength and resilience as we we begin to discover what really matters.