

Where
I find
joy ...

chronic-joy.org



WHERE DO I FIND JOY?

Joy is discovered in big events and in small, seemingly insignificant moments, in both mountain-top experiences, and expressions we can easily overlook, like a kind word or a helping hand.

1. Psalm 16:11
2. Isaiah 61:10
3. Psalm 126:5-6
4. Zephaniah 3:17
5. Psalm 118:24
6. Jeremiah 15:16
7. Psalm 71:23
8. John 15:11
9. Romans 15:13
10. James 1:2
11. Galatians 5:22
12. Acts 2:28
13. Romans 12:12
14. Isaiah 55:12
15. Philemon 1:7
16. Philippians 4:4
17. 1 Thessalonians 5:16-18
18. 1 Peter 4:12-13
19. Psalm 70:4
20. John 16:24
21. Isaiah 35:10
22. Hebrews 12:1-3
23. Nehemiah 8:10
24. John 16:22

- Each day for the next 24 days, choose one passage above.
- Read it several times and in several different translations.
- Sit with God and ask Him what truths He is speaking to your heart about joy and what He longs for you to learn.
- Write those words in one of the blank flares on the opposite side of this page, add color, and add the date so that on the difficult days, when the winds begin to blow, and the waves rise, you can pause, take a deep breath, and remember God's faithfulness.

"Thankfully, joy is an all-season response to life. Even in the dark times, sorrow enlarges the capacity of the heart for joy."

(Richard Mayhue)