



OUR PROGRAMS

Chronic Joy® is a global resource ministry dedicated to compassionately serving all those affected by chronic illness, mental illness, chronic pain, and disability.



CHRONIC JOY ACCESS

**OPENING DOORS.
REMOVING BARRIERS.**

Accessibility is an invitation to broaden our perspectives, choosing the simple kindness of including one another by opening doors and removing barriers.

RADICAL COMMUNITY

**LOVE ONE ANOTHER
DEEPLY FROM THE HEART**

Radical Community is rooted in love, nourished in prayer, and strengthened in courageous vulnerability as we listen, engage, forgive, learn, grow, serve, and extend compassion to all.



Visit chronic-joy.org for more resources.



SELF-CARE

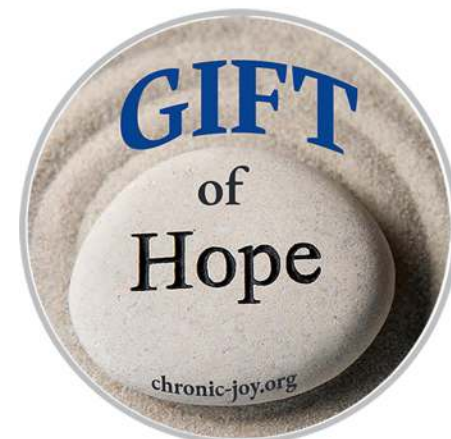
KINDNESS MULTIPLIED

When we are kind and generous with ourselves, we can pour kindness and love overflowing into others. Take time and take care of you, because *you* are God's beloved.

GIFT OF HOPE

HOPE IS POSSIBLE

Sometimes we just need to know that someone cares, that our stories matter, that hope *is* possible – even in a life with chronic illness, even through chronic sorrow, even in the midst of chronic pain.



Thrive in a life with chronic illness.



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CREATIVE SPARKS

BE BRAVE. BE CURIOUS.
CREATE!

Though few of us would call ourselves creative, that amazing grace-gift is woven straight into our DNA. As we engage with God, He ignites our curiosity, waking us to wonder and the joy of possibility.



#PENTOPAPER

A HEARTFELT
MINISTRY OF TIME

Old-school, letter writing is a heart-felt gift of hope and encouragement, a sweet reminder to someone that they are thought of, cared about, and prayed for.

#STEPREPPRAY

AN INVITATION TO MEET
WITH GOD IN MOVEMENT

With each step or every rep, seek God's guidance, worship and praise Him, thank Him for the gift of movement, and lift your heart in prayer for others. *Always at the pace of grace.*



PRAYER POND

YOUR SAFE HARBOR
FOR PRAYER

Share your prayer requests, updates, and shouts of praise, then #PrayItForward by praying for others' requests. It's safe, secure, and always judgment-free.



KINDNESS → PASS IT ON

MAKING THE JOURNEY
EASIER FOR ALL OF US

PASS IT ON! is an invitation to pass on the love and kindness of God – making the journey easier for all of us. Write #PenToPaper notes. Share encouraging books, blogs, and websites. Welcome others into the Chronic Joy community.



SERVE

OUR HEARTS ARE
WIRED TO SERVE

Chronic illness and pain can make serving in familiar ways challenging, yet not impossible. Discover creative ways to love God and others where you are and as you are.