



CHRONIC JOY®
 Ministering to those affected by:
 Chronic Illness, Mental Illness,
 Chronic Pain, & Disability

OUR PROGRAMS

Chronic Joy® is making a difference
ONE precious life at a time.
 Perhaps today that **ONE** life is yours!



YOU GET MAIL!

#PENTOPAPER SNAIL MAIL

Adults, Teens, and Children sign up to receive free, professionally designed and printed, old school, snail mail throughout the year. Include your birthdate, we'll send a special mailing to celebrate you!

GIFT OF HOPE

HOPE IS POSSIBLE

Sometimes we just need to know that someone cares, that our stories matter, that hope *is* possible – even in a life with chronic illness, even through chronic sorrow, even in the midst of chronic pain.



Visit chronic-joy.org for more resources.



KINDNESS → PASS IT ON MAKING THE JOURNEY EASIER FOR ALL OF US

PASS IT ON! is an invitation to pass on the love and kindness of God – making the journey easier for all of us. Write #PenToPaper notes. Share encouraging books, blogs, and websites. Welcome others into the Chronic Joy community.

CREATIVE SPARKS

BE BRAVE. BE CURIOUS. CREATE!

Though few of us would call ourselves creative, that amazing grace-gift is woven straight into our DNA. As we engage with God, He ignites our curiosity, waking us to wonder and the joy of possibility.



A GLOBAL RESOURCE MINISTRY ...

dedicated to compassionately serving all those affected by chronic illness, mental illness, chronic pain, and disability by providing accessible, easy-to-use, faith-based educational resources and publications.

Visit chronic-joy.org for more resources.





#STEPREPPRAY

AN INVITATION TO MEET WITH GOD IN MOVEMENT

With each step or every rep, seek God's guidance, worship and praise Him, thank Him for the gift of movement, and lift your heart in prayer for others. *Always at the pace of grace.*

RADICAL COMMUNITY

LOVE ONE ANOTHER DEEPLY FROM THE HEART

Radical Community is rooted in love, nourished in prayer, and strengthened in courageous vulnerability as we listen, engage, forgive, learn, grow, serve, and extend compassion to all.



SELF-CARE

KINDNESS MULTIPLIED

When we are kind and generous with ourselves, we can pour kindness and love overflowing into others. Take time and take care of you, because *you* are God's beloved.



CHRONIC JOY ACCESS

OPENING DOORS. REMOVING BARRIERS.

Accessibility is an invitation to broaden our perspectives, choosing the simple kindness of including one another by opening doors and removing barriers.

LET'S PRAY

A PRECIOUS INVITATION TO SIMPLY BE WITH JESUS

Slow down. Breathe deep, and draw near to God, experiencing His Presence in abundant, exceptional, and wildly generous ways.



GET INVOLVED

USE YOUR GRACE GIFTS!

How has God gifted you? Where do you feel His gentle nudge to love one another? His Spirit's tug to get involved? We are always #BetterTogether. Use your grace gifts! Get involved in Chronic Joy today.

