



JOY IS A GIFT

"In your presence there is fullness of joy!" Psalm 16:11

"Even in the midst of hardship, God's Spirit infuses us with unexplainable joy." Margaret Feinberg

"If we only knew the precious treasure hidden in infirmities, we would receive them with the same joy with which we receive the greatest benefits, and we would bear them without ever complaining or showing signs of weariness."
St. Vincent De Paul

"Seek to cultivate a buoyant, joyous sense of the crowded kindnesses of God in your daily life." Alexander MacLaren

"There are rare and wonderful species of joy that flourish only in the rainy atmosphere of suffering." John Piper

"The cup of sorrow, as inconceivable as it seems, is also the cup of joy." Henri J.M. Nouwen

"In the hands of a loving God, sorrow and suffering become the doorways into the greatest and most indestructible joys."
David Powlison

"Joy is the serious business of Heaven." C.S. Lewis

"When suffering is accepted with love it is no longer suffering, but it has changed into joy." Thérèse of Lisieux

"Joy is a mystery because it can happen anywhere, anytime, even under the most unpromising circumstances, even in the midst of suffering, with tears in its eyes ..." Frederick Buechner

"Find joy in the ordinary." Max Lucado

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"Joy descends gently upon us like the evening dew ..." Jean Paul F. Richter

"... the deepest afflictions are always neighbors to the highest joys." C.H. Spurgeon

"Every time we love others deeply we feel their pain deeply. However, joy is hidden in the pain. When we share the pain we will also share the joy." Henri J.M. Nouwen

"I believe God, through His Spirit, grants us love, joy, and peace no matter what is happening in our lives. As Christians, we shouldn't expect our joy to always feel like happiness, but instead recognize joy as inner security - a safeness in our life with Christ." Jill Briscoe

"Gratitude and peace are the necessary ingredients of true joy." Pamela Piquette

"Joy is the holy fire that keeps our purpose warm and our intelligence aglow." Helen Keller

"We do not choose suffering simply because we are told to, but because the one who tells us to describes it as the path to everlasting joy." John Piper

"Like supernatural effervescence, praise will sometimes bubble up from the joy of simply knowing Christ. Praise like that is...delight. Pure pleasure! But praise can also be supernatural determination. A decisive action. Praise like that is ... quiet resolve. Fixed devotion. Strength of spirit."
Joni Eareckson Tada

"Gratitude to God is to accept everything, even my problems, with joy." Mother Teresa

"The joy of the Lord is your strength." Nehemiah 8:10

"Lord, increase my joy today." Arlene Pellicane

Thrive in a life with chronic illness.

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