



VERSES TO COMFORT & ENCOURAGE

VERSES TO COMFORT AND CALM:

The most significant thing we can do when we're anxious, afraid, or overwhelmed, is to turn to the One who knows us and loves us completely – *the God of all comfort*.

"Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God." Philippians 4:6

"For God has not given us a spirit of fear, but of power and of love and of a sound mind." 2 Timothy 1:7 NKJV

"When anxiety was great within me, your consolation brought me joy." Psalm 94:19

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things. Philippians 4:8

"So we can say with confidence, 'The LORD is my helper; I will not be afraid.'" Hebrews 13:6

"I sought the LORD, and he answered me; he delivered me from all my fears." Psalm 34:4

"When I am afraid, I put my trust in you." Psalm 56:3

"But now, this is what the Lord says ...'Do not fear, for I have redeemed you; I have summoned you by name; you are mine.'" Isaiah 43:1

"There is no fear in love. But perfect love drives out fear ..." 1 John 4:18

"Even though I walk through the darkest valley, I will fear no evil, for you are with me..." Psalm 23:4

"The Lord is with me; I will not be afraid." Psalm 118:6a

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VERSES FOR PEACE AND REST:

"Come to me, all you who are weary and burdened, and I will give you rest." Matthew 11:28

"Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty." Psalm 91:1

"In peace I will lie down and sleep, for you alone, LORD, make me dwell in safety." Psalm 4:8

"You will keep in perfect peace those whose minds are steadfast, because they trust in you." Isaiah 26:3

"I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world." John 16:33

"Now may the Lord of peace himself give you peace at all times in every way." 2 Thessalonians 3:16a

VERSES TO STRENGTHEN AND ENCOURAGE:

"...but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint." Isaiah 40:31

"Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go." Joshua 1:9

"When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze. For I am the LORD your God, the Holy One of Israel, your Savior..." Isaiah 43:2-3

"Wait for the LORD; be strong and take heart and wait for the LORD." Psalm 27:14

"Be strong and take heart, all you who hope in the LORD." Psalm 31:24

"I eagerly expect and hope that I will in no way be ashamed, but will have sufficient courage so that now as always Christ will be exalted in my body, whether by life or by death." Philippians 1:20

"Finally, be strong in the Lord and in his mighty power." Ephesians 6:10

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