



25 VERSES TO COMFORT & ENCOURAGE

When we're anxious, afraid, or overwhelmed, the most significant thing we can do is turn to the One who knows us and loves us completely – the God of all comfort.

VERSES TO COMFORT AND CALM

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. (Philippians 4:6)

For God has not given us a spirit of fear, but of power and of love and of a sound mind. (2 Timothy 1:7)

When anxiety was great within me, your consolation brought me joy. (Psalm 94:19)

Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable – if anything is excellent or praiseworthy – think about such things. (Philippians 4:8)

So we can say with confidence, "The LORD is my helper; I will not be afraid." (Hebrews 13:6)

I sought the LORD, and he answered me; he delivered me from all my fears. (Psalm 34:4)

When I am afraid, I put my trust in you. (Psalm 56:3)

But now, this is what the Lord says ... "Do not fear, for I have redeemed you; I have summoned you by name; you are mine." (Isaiah 43:1)

There is no fear in love. But perfect love drives out fear ... (1 John 4:18)

Even though I walk through the darkest valley, I will fear no evil, for you are with me... (Psalm 23:4)

The Lord is with me; I will not be afraid. (Psalm 118:6a)



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VERSES FOR PEACE AND REST

Come to me, all you who are weary and burdened, and I will give you rest. (Matthew 11:28)

Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. (Psalm 91:1)

In peace I will lie down and sleep, for you alone, LORD, make me dwell in safety. (Psalm 4:8)

You will keep in perfect peace those whose minds are steadfast, because they trust in you. (Isaiah 26:3)

I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world. (John 16:33)

Now may the Lord of peace himself give you peace at all times in every way. (2 Thessalonians 3:16a)

VERSES TO STRENGTHEN AND ENCOURAGE

...but those who hope in the LORD will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint. (Isaiah 40:31)

Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go. (Joshua 1:9)

When you pass through the waters, I will be with you; and when you pass through the rivers, they will not sweep over you. When you walk through the fire, you will not be burned; the flames will not set you ablaze. For I am the LORD your God, the Holy One of Israel, your Savior... (Isaiah 43:2-3)

Wait for the Lord; be strong and take heart and wait for the Lord. (Psalm 27:14)

Be strong and take heart, all you who hope in the Lord. (Psalm 31:24)

I eagerly expect and hope that I will in no way be ashamed, but will have sufficient courage so that now as always Christ will be exalted in my body, whether by life or by death. (Philippians 1:20)

Finally, be strong in the Lord and in his mighty power. (Ephesians 6:10)



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