



## Creative Ways to Serve CHRONIC JOY

### PRAYER

- Pray for the mission and ministry of Chronic Joy.
- Pray for those in the Chronic Joy community.
- Visit the Prayer Pond.

### #PENTOPAPER

- Stop by the *Prayer Pond*. As you read the prayer requests, and God tugs at your heart, pray then write a note or card to encourage the requestor.
- Write a card or note to a child, teen, or young adult.
- Request FREE starter stationery for all ages on our #PenToPaper page.

### EVEN MORE

- Brighten someone's day by sending an encouraging text, message, or email. Find inspiring, FREE images on our Flickr site.
- Write for us (prayer prompts, poetry prompts, guest posts, allegory, or the story of your illness). Visit our website for details.
- Knit or crochet prayer shawls to donate. *Chronic Joy* exclusive patterns available.
- Invite someone to learn more about Chronic Joy, request prayer, submit a guest post, or write a book review.

### INVEST IN CHRONIC JOY

- Give a one time or monthly gift.
- Purchase books or notecards through our website.
- Give a *Gift in Honor* of a special occasion or as a thoughtful gift acknowledging the challenges of chronic illness.
- Donate a roll of stamps to support our Card Ministry.

Visit [chronic-joy.org](http://chronic-joy.org) for more resources.



## Creative Ways to Serve

- Write cards or letters for those who are hospitalized or homebound. Contact a local church for possible recipients.
- Write to soldiers or missionaries serving overseas.
- Make colorful cards for meal trays at your local children's hospital.
- Read to a child or for the visually impaired.
- Make prayer shawls, baby blankets, mittens, hats, or scarves for those who are grieving, hospitalized, or in homeless shelters.
- Bake cookies for a youth event, bake sale, or someone who is homebound.
- Send birthday cards to nursing home residents.
- Make *Care Kits*. Include: shampoo, soap, toothbrush, toothpaste, deodorant, healthy snacks, etc. Donate to ministries serving those who are homeless.
- Send encouraging texts, messages, cards, Scripture, or prayers to those in need of encouragement. Include an inspiring image. Find FREE photos on our website.
- Make care bags for those who are hospitalized and their caregivers. Include: healthy snacks, fruit, homemade goodies, a soft blanket, toothpaste, lotion, books, puzzles, games, gift cards for gas, the hospital cafeteria, toiletries, etc.
- Create "Birthday in a Bag" kits for local children's shelters. Include party hats, plates, cups, napkins, forks, a cake mix, frosting, candles, etc.

*Thrive* in a life with chronic illness.

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