



**CHRONIC JOY**  
chronic illness ministry

**f** cjministry  
**t** chronicjoymin  
**p** chronicjoy  
**i** chronicjoyministry

## Small Group Policy

AS A GROUP, WE WILL:

- ④ Create a space where people feel cared for, prayed for, encouraged and respected — a place people can't wait to return to!
- ④ Limit the group size to six people or fewer to allow each person the opportunity to participate without feeling rushed.
- ④ Recognize that there will be ups and downs and that pain and illness will sometimes cause us to speak or respond in uncharacteristic ways.
- ④ Start and end on time, respecting the energy limits of each member.
- ④ Be open and authentic, creating the opportunity for deeper relationships with each other and with God.
- ④ Engage in discussion, allowing each member a chance to speak and be heard.
- ④ Affirm and respond when someone shares. Vulnerability is risky. Encourage one another.
- ④ Keep what is said here private and confidential.
- ④ Be gracious and kind. We're each affected differently by illness, we're each at different point in the journey and we may not share the same views on healing, medications, diets, treatments or doctors.
- ④ Let the facilitator know if you won't be there and how the group can pray for you.
- ④ Be considerate of the needs of others by:
  - not wearing perfume, cologne or scented lotions.
  - not soliciting the sale of products or services.
  - offering group members the freedom to sit, stand and move to increase comfort.

SIGN: \_\_\_\_\_ Date: \_\_\_\_\_

Visit [chronic-joy.org](http://chronic-joy.org) for more resources.

