

MENTAL ILLNESS FACTS

Fact

43.8 million adults experience mental illness in a given year.

1 in 5 adults in the US experience a mental illness in their lifetime



10 million adults in the US

Nearly 1 in 25 live with a serious mental illness

50% of all chronic mental illness begins by age 14
75% by age 24



Visit chronic-joy.org for more resources.



Chronic Joy

DID YOU KNOW?

- Ⓞ Mental Illness impacts **1 in 5 adults**. Reportedly, 8 million adults will experience mental illness this year.¹
- Ⓞ Nearly **1 in 25 adults** live with a serious mental illness.²
- Ⓞ **66%** of those living with serious mental illness **do not receive treatment**.²
- Ⓞ **50%** of all chronic mental illness begins by the age of 14.²
- Ⓞ **75%** of all chronic mental illness begins by the age of 24.²
- Ⓞ For many, chronic physical and mental illness go hand-in-hand.
- Ⓞ **20% of youth** ages 13-18 live with a mental illness.²
- Ⓞ **50%** of all lifetime cases of mental illness begin by age 14 and **75% by age 24**.²
- Ⓞ **70% of youth** in state and local juvenile justice systems have a mental illness.¹

¹ <https://www.nimh.nih.gov/index.shtml> (The National Institute of Mental Health)

² 2002 US Census Bureau

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