

CHRONIC ILLNESS FACTS

Fact

Approximately 155 million (nearly 1 in 2) are affected by chronic illness in the US.

Invisible illness characterizes approximately 96% of those with chronic illness



31% of adolescents suffer from at least one moderate to severe chronic condition

Almost 33% of the population lives with more than one chronic condition



Visit chronic-joy.org for more resources.

DID YOU KNOW?

- ① Chronic illness affects nearly **1 in 2** people, approximately **155 million** people in 2018.¹
- ① Invisible illness characterizes approximately **96%** of those with chronic illness.²
- ① 2020 projections estimate **157 million** people will have a chronic condition, with **81 million** having multiple chronic conditions.¹
- ① 2030 projections estimate **171 million** people will have a chronic condition, which may be **more than 50%** of the population.³
- ① **About 31% of adolescents** suffer from at least one moderate or severe chronic condition.⁴
- ① **Multiple Chronic Conditions (MCC)** – Almost 1/3 of the population lives with more than one chronic condition.⁵
 - ▶ The healthcare needs of people with MCC are often complex.⁶
 - ▶ **71% of all health care spending** in the US goes towards treating people with MCC.⁶
 - ▶ Although MCC affects a large percentage of working aged Americans (**49% of those aged 45-64**), prevalence increases with age – **80% of people 65 and older live with MCC.**⁶
 - ▶ And as the US population ages, and people live longer, **the number of people MCC is expected to continue to grow.**⁶

¹ http://www.nationalhealthcouncil.org/sites/default/files/NHC_Files/Pdf_Files/AboutChronicDisease.pdf

² 2002 US Census Bureau

³ Chronic Care in America: A 21st Century Challenge, a study of Robert Wood Johnson Foundation & Partnership for Solutions: John Hopkins University, Baltimore, MD for the Robert Wood Foundation (September 2004 Update). "Chronic Conditions: Making the Case for Ongoing Care."

⁴ <http://childhealthdata.org/browse/survey/results?q=2473&r=1&g=448>

⁵ <http://www.ahrq.gov/professionals/preventionchronic-care/decision/mcc/mccchartbook.pdf>

⁶ <https://www.ahrq.gov/sites/default/files/wysiwyg/professionals/prevention-chronic-care/decision/mcc/mccchartbook.pdf>

Visit chronic-joy.org for more resources.

