



PRAYERS FOR THE JOURNEY

Prayers for the Journey are short prayers to strengthen, encourage, and inspire you to step into the comforting presence of God, where you are fully, known, infinitely cared about, and deeply loved.

*O Lord, be kind to us. We have waited for You.
Be our strength every morning. Save us in the time of trouble.*
(Isaiah 33:2)

"Lord, we ask You to lift our burdens, to bring relief, and to meet each one of our cares with Your deep compassion. Will You fill our hearts with Your glorious hope and peace today? Amen." (Bettie Gilbert)

"Lord, I don't want to thank You for the pain today, but I will, for through it You draw me into deeper relationship with You. In Your Son's precious name, amen." (Cindee Snider Re)

Speak, Lord, for your servant is listening. (1 Samuel 3:9)

"Lord, grant me tenacious winsome courage as I go through this day. When I am tempted to give up, help me to keep going ... give me courage to do whatever needs to be done. In Jesus' name, amen." (Dr. Ray Pritchard)

"O Lord, sometimes the pain in my life becomes my focus and I turn away from You. Gently remind me that You are with me in the pain, holding me close. Amen." (Pamela Piquette)

"Breathe hope into us today, Lord." (Lee Hayward)

In the morning, O Lord, you hear my voice; in the morning I lay my requests before you and wait in expectation. (Psalm 5:3)

"Lord, I pray You will be undeniable in every person I see, everywhere I go, in everything I do, every day of my life.
In Jesus' name, amen." (Cindee Snider Re)

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"Oh, Lord, sometimes it's easier to love my neighbor than myself, for I am broken in body and spirit — but You can take all I am and everything I am not, and use it for Your good purpose. We are created to love and be loved by You and one another. Show me how to be Your heart and hands in this world for the people You love so deeply. Amen." (Julie Sheridan Smith)

"Father God, my heart is filled with chaos and confusion. I feel as if I am drowning in my circumstances and my heart is filled with fear and confusion. I really need the strength and peace only You can give ... In Jesus' name, amen." (Mary Southerland)

Lord, teach me what I cannot see. (Job 34:32)

"Restore, oh Lord, the years the locusts have eaten. Whisper encouragement to the weary. Speak life to the broken. Teach us to pray with abandon, serve with compassion, and love with outrageous generosity. In Jesus' name, amen." (Cindee Snider Re)

"Lord, help me to live the abundant life. Too often I live a life of scarcity, worrying about what tomorrow may hold, believing I am not enough, trying to do what You never called me to do. Please help me to live in the present, simply and peacefully relying on You for my daily bread. Amen." (Pamela Piquette)

*Search me, God, and know my heart; test me and know my anxious thoughts.
See if there is any offensive way in me,
and lead me in the way everlasting.* (Psalm 139:23-24)

"Lord, things are a mess. Please flood me with Your peace and anchor me in Your love. Refresh me with joy after sorrow, hope during loss, and mercy, new every morning. Thank You, Lord, amen." (Chronic Joy)

"Dearest Lord, teach me to be generous; teach me to serve You as You deserve, to give and not to count the cost." (Ignatius of Loyola)

"Lord, teach me to forgive from deep in my heart, to seek reconciliation instead of simply avoiding the pain of conflict. Teach me to be more flexible than rigid, more consoling than controlling, quicker to listen and slower to speak. Amen." (Chronic Joy)

"Father God, my heart feels the weight of the night, the night of my own pain, and I long for the dawn. Will You lift my heart to awaken with You, to lift my song with dawn's chorus, to sing my amen to You here?" (Bettie Gilbert)

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