



PRAYER

"Whether we realize it or not, prayer is the encounter of God's thirst with ours. God thirsts that we may thirst for him." *St. Augustine*

"Prayer is the song of the heart. It reaches the ear of God even if it is mingled with the cry and tumult of a thousand men." *Kahlil Gibran*

"Prayer is the inner bath of love into which the soul plunges itself." *St. John Vianney*

"God speaks in the silence of the heart. Listening is the beginning of prayer." *Mother Teresa*

"The value of persistent prayer is not that God will hear us, but that we will finally hear God." *William McGill*

"The Christian life is not a constant high. I have my moments of deep discouragement. I have to go to God in prayer with tears in my eyes, and say, 'O God, forgive me,' or 'Help me.'" *Billy Graham*

"The longer I live with chronic, serious illness, the more I pray for my faith to be deepened." *Maureen Pratt*

"In the morning, Lord, you hear my voice; in the morning I lay my requests before you and wait expectantly." *Psalms 5:3*

"By day the Lord directs his love, at night his song is with me – a prayer to the God of my life." *Psalms 42:8*

"Arise, Lord! Lift up your hand, O God. Do not forget the helpless." *Psalms 10:12*

"Likewise the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words." *Romans 8:26*

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"Heavenly Father, You know every decision I need to make and every challenge I face. Please forgive me for the times that I try to figure this life out on my own. I need You. I need Your Holy Spirit to give me strength, wisdom, and direction. Amen." *mybible.com*

"Holy Spirit, I realize sometimes I need brokenness. It may not be comfortable, but I invite You to break off and get rid of anything that's keeping me from You." *Joyce Meyer*

"Dear Lord, you know the difficult things I am dealing with. You know how my mind won't let me stop thinking about everything. I feel stressed and so unsettled. I'm worried about what's going to happen. Please take my burdens and the *what ifs* from me. Help me to focus my thoughts on You and not worry about what could happen. Please help me to take one day at a time. Please lead and guide me, and take control of this situation. Please give me Your wisdom and fill me with Your peace. In the name of Jesus, I ask these things. Amen." *hopeforthebrokenhearted.com*

The light of God surrounds me;
The love of God enfolds me;
The power of God protects me;
The presence of God watches over me
Wherever I am, God is!
James Freeman

(Written in 1940 during World War II)

"Father in Heaven, I thank You for the gift of today. I'm weary and a bit worn and in need of a fresh revelation of Your love. As I crawl into bed tonight, may I rest in the knowledge that You delight in filling me up again. Even now You're singing a song over me, speaking life to me. Help me to cup my ear towards heaven and listen in. May my heart beat in rhythm with Yours. May my whole life be a reflection of Your love, Your kindness, and Your grace... May I wake up in the morning renewed and ready for a brand new day. In Your Precious Name I pray, Amen." *Susie Larson*

Thrive in a life with chronic illness.

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